



CROSSWAYS

Nursing Home Newsletter



Activities in August

August has been a busy month at Crossways. We were treated to two entertainers, a trip to a farm, relative's meeting and when the weather allowed; sunny afternoons in the garden. We also eagerly watched the Women's World Cup Football and cheered them on throughout the tournament.

Our minibus trip to Karen's Pets & Ponies farm was so enjoyable, the wet weather didn't deter us from having a lovely time in the countryside. We'd booked a slot on our own with the horses, pony's, rabbits, chickens and an adorable fluffy dog. Karen explained how all the different animals were cared for and we were able to stroke them and give them a cuddle. Lisa, Nigel and Boris even had a horse ride around the farm! This was a lovely day out and very touching to see the residents interacting with the animals, we also had a delicious picnic in the barn.



We also want to give a huge thank you to all the relatives who joined us for a relatives meeting. It was lovely to be able to sit in the garden and appreciate a sunny evening, enjoying some delicious cheese and wine whilst discussing Crossways and updates on staff/menus-

Some of the items that were discussed were:

- The renovation of the garden
- Upcoming kitchen refurbishment
- Activities including minibus trips, and future plans, including Christmas!
- Residents 'dining experience' and how we can improve this and examples of a new supper menu were circulated.
- Staff uniforms





Entertainment

Our two entertainers this month were Denny playing his guitar and inviting song requests from the residents and Richard singing and telling us about the meanings behind the songs. The residents always appreciate seeing the entertainers and it's a great opportunity for them to hear live music from all eras

Group Activities

We've held lots of group activity sessions including arts and crafts, quizzes, and one session which proved very interesting was when we looked at vintage typewriters and sewing machines. This provoked many memories for the residents including learning to type to their careers in administrative roles- often during and after World War 2. We had a go on the Singer Sewing machines although Lisa struggled with the mechanics! So, the residents took great pleasure in showing Lisa and sharing their memories of helping their families at home with the laundry and sewing.

We've also held smaller group activities where we brought together residents that have similar backgrounds and interests so they can share their memories together.



Therapy Dog

Rudy, the Therapy dog continues to join us every Thursday, he is part of the Crossways family now and everyone enjoys seeing him as well as having a chat with his owner Liz.



What Else Is Going On

We were also delighted when Janet offered to speak for our monthly church service, she spoke beautifully, and we all appreciated her kindness in holding the service.

We have also focused on individual activities including sensory, manicures, poetry, musical memories, many of these can be enjoyed in the garden.

The interactive touch table is regularly used, and we have also invested in some large floor games so we can play games in groups in the lounges. These games involve everyone and it's great to watch the competitive side come out.

Facebook

If you have facebook please look us up: CrosswaysSutton, as we regularly keep the page up to date and it is a useful platform for us to keep you involved in all the activities and updates at Crossways.

We have a website: crosswayssutton.co.uk. We post photographs of what we are doing in the home and any upcoming events so you and your families can follow it. We do need consent to put photographs on these platforms. Please find these forms in the office. Just let Sarah or Alex know if you do not want your relative's photographs published at all, and we can make sure that they do not get uploaded.



Hairdresser

Jo will return to joining us on Wednesdays

Doctors visit

The doctor is still visiting every Thursday to see most urgent cases.

Church Service

Wednesday 6th Septmeber 2023