



CROSSWAYS

Nursing Home Newsletter



Activities in September



When September arrived, we were treated to an Indian summer with hot, sunny days where we could appreciate sitting in the garden together chatting, enjoying the sunshine and listening to music.

One warm Monday morning Dave the musical accordion man joined us for a fun filled; very lively morning of music, Dave is full of energy and has a way of projecting his energy to the residents who had such a wonderful morning singing with him and watching him 'prance' around the room carrying his accordion !

We have continued our connection with Grasmere Care Home and some of the residents visited them one afternoon, where they held a quiz and a singalong. We are very proud of our relationship with Grasmere and not only does this benefit the residents, it's also beneficial for both the activities teams who now share ideas and suggestions. We've also recently reached out to Jesmund Care home and have arranged to visit to meet them in October.



We had the pleasure of welcoming Cindy a student from Overton Grange School for a work experience week. Cindy spent time in the lounges but also enjoyed 1-1's with the residents. Her feedback from her week was positive and she felt she'd learnt so much and was able to broaden her knowledge aswell as be out of her comfort zone with some of the fun activities we held.

We have also welcomed a new intake of students from Overton Grange for their Enrichment programme, they join us every Wednesday afternoon where they spend time in group and 1-1 activities.





Arts & Crafts

As we welcome October, we have been busy preparing for Autumn using our creative skills in our arts and crafts and discussing the changing seasons in group and 1-1 activities. We have held group art sessions where the topic now is Autumn with all the beautiful colours and smells.

We continue to focus on individual activities including sensory, manicures, poetry, musical memories, many of these can be enjoyed in the garden.

What's Happening

We now have access to a minibus once a month; so, we can enjoy regular trips out and about. The minibus can take 4 residents (one fixed wheelchair) so our aim is to try to ensure all the residents have the opportunity to go.

Sarah and Alex also treated us all to a staff bbq, where Alex and the catering staff cooked up some amazing food and we had the opportunity to enjoy time together as a team.

As always, we are ensuring we spend time with those residents who are in their rooms, with personalised activities whether it be creative, reading or simply a good chat with a cup of tea.



Therapy Dog

Rudy, the Therapy dog continues to join us every Thursday, he is part of the Crossways family now and everyone enjoys seeing him as well as having a chat with his owner Liz. Monty, the cat, also joined us one day, he is such a beautiful, calm fluffy cat and the residents enjoyed lots of cuddles.



Games

The interactive touch table is regularly used, and we have also invested in some large floor games so we can play games in groups in the lounges. These games involve everyone and it's great to watch the competitive side come out.



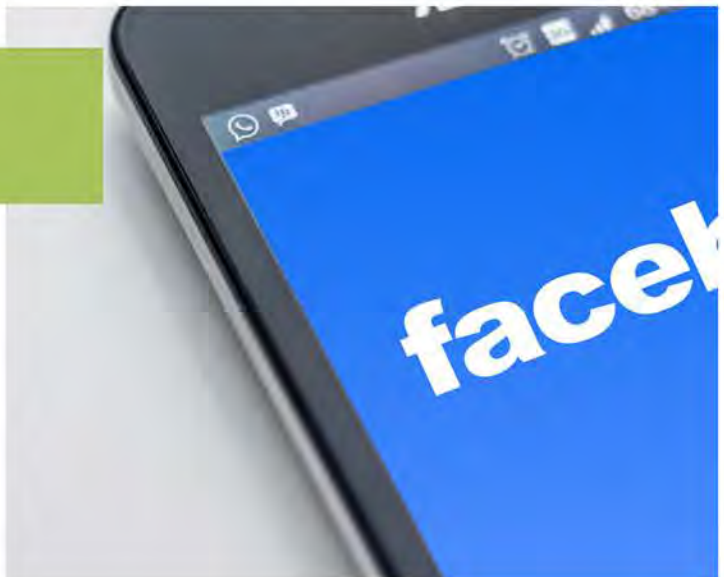
Birthdays

We celebrated Jackie's, Joan's, Gladys's, Margot's and Ruth's birthday this month.

Facebook

If you have facebook please look us up: CrosswaysSutton, as we regularly keep the page up to date and it is a useful platform for us to keep you involved in all the activities and updates at Crossways.

We have a website: crosswayssutton.co.uk. We post photographs of what we are doing in the home and any upcoming events so you and your families can follow it.



Hairdresser

Doctors visit

Church Service

Jo will return to joining us on Wednesdays

The doctor is still visiting every Thursday to see most urgent cases.

Wednesday 4th October 2023