

Crossways Newsletter

April 2024



April Highlights

April has been a busy month with Birthday's, including Dorothy's 100th Birthday. Dorothy was joined by family, friends and resident friends to celebrate her special day. We also enjoyed afternoon entertainment with Dave and his accordion and Denny's musical memories. On the few sunny afternoons, we had we were able to sit in the garden, enjoy the sunshine and watch the birds.

We commemorated St George's Day with lots of arts and crafts, cup cake decorating and a quiz. The children from the local nursery joined us for 'songs & stories'. As always, it's an absolute joy and so heartwarming to see the residents and children engage together.

Our 2nd 'Let's get together' was due to be held at Belmont House Nursing Home, but was unfortunately re-scheduled.

We also enjoyed a minibus trip to The Diamond Centre for 'Tea with a Pony', where we were able to spend time with the ponies and horses and learn about their care.



Local Schools and Care Homes

Our monthly 'Get Togethers' was due to take place at Belmont House Nursing home but sadly they had to cancel, so at short notice the residents from Grennel Lodge came to Crossways. We enjoyed tea, cakes and a singalong together. Sometimes even the best laid plans can go awry, and we had such a lovely afternoon with our residents chatting, singalong and engaging with those from Grennel Lodge.

These 'Get Togethers' an invaluable opportunity to further bridge the gap between care homes and promote collaboration for the benefit of all residents and staff. Breaking down barriers and fostering unity within the sector, Crossways Nursing Home is committed to nurturing these invaluable connections for the well-being of everyone involved.

The students from Overton Grange continue to join us every Wednesday for games, chats and Seb plays his trumpet. We have also welcomed Keith a work experience student from Wilson's school who joins us every Saturday.



St George's Day

We celebrated St George's Day with our creative hats on, doing lots of arts & crafts , decorating cup cakes and a quiz. We engaged in lots of conversations with the residents about St George, interesting facts on English history as well as some funny facts; which amused us all !



Mini Bus Trip

We went to The Diamond Centre for 'Tea with a Pony' for our monthly minibus trip. The Diamond Centre provides adults and children with disabilities therapeutic time with horses, either mounted or unmounted.

We were treated to a cup of tea, slice of cake and then the staff and volunteers spoke to us all about the horses, their care and the day to day running of the centre.

We then spent time with 'Bobby' and 'Teddy' and were given the opportunity to stroke/ brush them and chat to the staff.

We had a wonderful morning and we felt it was beneficial for everyone and plan to visit there again later in the year.



Activities At Our Home

Throughout April we have enjoyed all kinds of activities and spent time in smaller groups with residents who have things in common from their love of nature, bowls, painting and flower arranging. We focused on 'Spring' and painted flowers, engaging in conversations on our thoughts on 'Spring' and what memories it provokes. We celebrated Dorothy's 100th Birthday, where she was joined by family and friends as well as her resident friends.

The little children from the local nursery joined us for 'songs and stories'. It's a joy to see the reactions from the residents when they see the little children. They engage so well with them, holding their hands and singing together.

Denny also entertained us with his afternoon of 'musical memories', Dave and his accordion entertained us with his music and heaps of energy! And the students from Overton Grange continue to join us every Wednesday.

We also had our monthly church service, where we sang hymns, listened to readings from the Bible and prayed together.

Rudy the Therapy dog and her owner Liz join us every Thursday with the Rudy and her owner, Liz.

The interactive touch table is regularly used, and we have also invested in some large floor games so we can play games in groups in the lounges. These games involve everyone and it's great to watch the competitive side come out.

As always, we are ensuring we spend time with those residents who are in their rooms, with personalised activities whether it be creative, reading or simply a good chat with a cup of tea. We are committed to delivering personalised care to our residents, ensuring they have fulfilling lives.



Birthdays In April

We celebrated Dorothy's 100th Birthday. David, Clara's and Edith's Birthday



Looking Ahead...May

VE Day – 8th May

Denny- Entertainer 21st May 2pm

Let's Get Together – 23rd May – Grasmere Nursing Home

Richard's Musical Memories - 30th May 2pm

Minibus trip – TBC

Please join us for our annual Summer Barbecue, which will be held on Saturday 18th August.

Details & Times to be given nearer the date.



Stay In Touch & Participate

A message from Lisa – ‘Getting to know me’ - Please speak to Lisa or the office about this initiative. We feel it is beneficial for both residents, staff and families and is a short meeting where we get to know your loved ones.

If you would like to arrange a meeting with your family members key worker and the activities team for an informal chat about them and their well-being, please let Lisa or the office know. We have found this to be very beneficial and this has led to some great conversations and very funny stories! It also gives you the opportunity to get to know us better and for us to get to know the residents better. Alternatively, please email Lisa on – activites@crosswaysutton.co.uk to arrange this or if you have any ideas/suggestions or would like to volunteer in activities.

Kitchen-

The kitchen refurbishment is now complete. We would like to thank Derek and his team for working hard to finish it in time with minimal impact to our residents.

A special mention to our catering team who worked incredibly hard in the outdoor temporary kitchen; ensuring the food was just as tasty and delicious. Thankyou to the whole team.

Celebrating Long Service –

This month we celebrated all our long service staff. We would like to thank the following all your hard work, dedication and loyalty to Crossways:

Joyce, Adelaide, Mundia, Caroline, Janet, Matilda, Lai, Zara, Alex, Ibado.

Facebook & Website

If you have Facebook please look us up: **CrosswaysSutton**, Lisa regularly posts updates and it is a useful platform for us to keep you involved in all the activities and updates at Crossways.

We have a website: crosswayssutton.co.uk. Which has recently been updated. We post photographs of what we are doing in the home and any upcoming events so you and your families can follow it. We do need consent to put photographs on these platforms, the forms are in the office. Please let Sarah or Alex know if you do not want your relative's photographs published at all and we can make sure that they do not get uploaded.

Thank you for your continued support.

Sarah, Alex & Staff

