

Crossways Newsletter

November



November Highlights

November began with a bang!! We held our annual fireworks display, where many families joined us for a wonderful evening, enjoying the fireworks together.

We were delighted to be joined by the firemen from Sutton Fire Brigade for a late breakfast with a nice cup of tea.

We commemorated Armistice Day together with reading poems of reflection and thanks, arts and crafts creating a display board and watching the service on TV.

Denny and Richard entertained us with musical afternoon singalongs and we held our monthly church service. We've enjoyed using the sensory projector and RITA, arts and crafts; painting pumpkins and as December approaches, we've begun our preparations for an activity packed Christmas for all our residents.



Local Schools and Care Homes

The students from Brookways School continue their weekly visits, where we play a variety of board games, card games, bingo, quiz and chat together. The students are a joy to welcome into the home and many have made friendship with residents, so we were delighted to welcome them back. It's been very heartwarming seeing their confidence grow each week and they now prepare bespoke quiz's just for the residents.

The students from Overton School have settled in well and we thoroughly enjoy seeing them every Wednesday. They play board games, catch ball and are very sociable and engage well with the everyone.



Fireworks Night!

Alex kindly offered his services as our Health and Safety rep to light the fireworks, so everyone was kept safe and warm! The residents were able to see the fireworks display from all communal areas where they had a view from the windows. The dining room was also full of residents joined by their families. The summer house was an ideal spot for Betty's family to see the fireworks and her great grandchildren enjoyed being 'let out' to hold the sparklers and wave to us through the patio doors. It was a wonderful evening and so nice to see everyone enjoy themselves.



Sutton Fire Brigade

What a memorable morning this was. SFB joined us for a late breakfast and cup of tea. They joined us all in the dining room where they spent time chatting to us about their careers in the fire brigade and reminiscing with the residents about Sutton and the surrounding areas. They then invited us to see the fire truck and Rick our retired fireman eagerly climbed inside, we hope this evoked many memories for Rick of his time working for the fire service. The firemen will join us again on Christmas Eve where they've promised to sing Christmas Carols with us and enjoy a mince pie or two... Going forward we hope this will be a monthly visit with them.



Christmas

Christmas at Crossways is truly magical and Lisa has arranged a full Christmas schedule for our residents and families to enjoy. It is always a fun and very festive time at Crossways; but it can also be a poignant time of year, and we look forward to sharing it with our residents, families and staff. The Christmas decorations will go up on Monday 2nd December and from this day on the whole home is filled with Christmas cheer. Please find attached the Crossways Christmas Calendar.



Activities

We've enjoyed lots of arts and crafts sessions, focusing on Armistice Day and now we've been putting our creative hats on preparing for Christmas.

The sensory projector has been utilised on many occasions, the pupils from Brookways and Overton have been taken aback by how effective it is and many families enjoy using it whilst visiting with their loved ones.

Denny and Richard held fantastic musical afternoons, the rooms were filled with songs and lots of dancing!

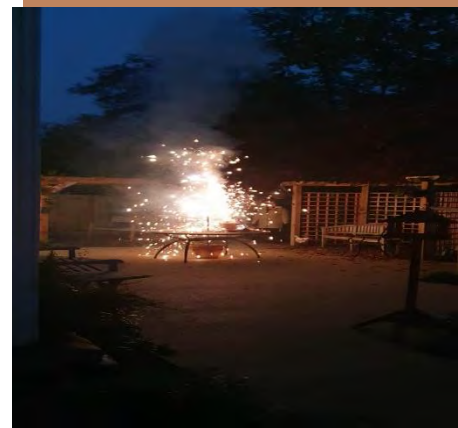
Rudy the therapy dog and his owner Liz join us every Thursday and they walk around the home in the communal areas and individual rooms, Liz has formed lovely friendships with the residents, and we thoroughly enjoy seeing them every week

Our monthly church service was held, and Janet kindly said prayers which were filled with love and thanks for the care she is given at Crossways. As we look to December, we are busy preparing for Christmas and a full month of festive activities.



As always, we are ensuring we spend time with those residents who are in their rooms, with personalised activities whether it be creative, reading or simply a good chat with a cup of tea. We are committed to delivering personalised care to our residents, ensuring they have fulfilling lives.





Birthdays in November

We celebrated Pat H Birthday



Christmas Raffle

Please feel free to donate any items for our Christmas Raffle. The draw will be made at the residents Christmas party on 19/12.

Stay In Touch & Participate

A message from Lisa – ‘Getting to know me’ - Please speak to Lisa or the office about this initiative. We feel it is beneficial for both residents, staff and families and is a short meeting where we get to know your loved ones.

If you would like to arrange a meeting with your family members key worker and the activities team for an informal chat about them and their well-being, please let Lisa or the office know. We have found this to be very beneficial and this has led to some great conversations and very funny stories! It also gives you the opportunity to get to know us better and for us to get to know the residents better. Alternatively, please email Lisa on – activities@crosswaysutton.co.uk to arrange this or if you have any ideas/suggestions or would like to volunteer in activities.

Facebook , Website & Instagram

We’re now on Instagram !! Please follow us on @crosswaysnursinghome to stay updated on all the wonderful activities, events heartwarming moments from our home. If you have Facebook please look us up: **CrosswaysSutton**, Lisa regularly posts updates on both platforms.

We have also updated our brochure.

We have a website: crosswaysutton.co.uk. Which has recently been updated. We post photographs of what we are doing in the home and any upcoming events so you and your families can follow it. We do need consent to put photographs on these platforms, the forms are in the office. Please let Sarah or Alex know if you do not want your relative’s photographs published at all and we can make sure that they do not get uploaded.

THANK YOU FOR YOUR CONTINUED
SUPPORT.

AND WE WISH YOU ALL A VERY
MERRY CHRISTMAS

SARAH, ALEX & STAFF

Mental Health First Aider at Work

Lisa has recently qualified as a MHFAider at work, this is to gain the knowledge, awareness, and skills to spot signs of people experiencing poor mental health, be confident to start a conversation, and signpost a person to appropriate support. This is seen as an important role within Crossways in supporting the staff and families. If you would like to contact Lisa please speak to her directly or email activities@crosswaysutton.co.uk



May you have the gladness of Christmas
which is hope;
The spirit of Christmas
which is peace;
The heart of Christmas
which is love.