

Crossways Newsletter

April

April Highlights

April has been a month full of animals, reminiscence, Easter celebrations and of course plenty of Chocolate! We began the month with a visit from Karen's Pet's and Ponies and then enjoyed an afternoon of Karaoke with our friends from Grasmere Nursing Home. From then on, we celebrated Easter with arts and crafts, making Easter Bonnets together and finally celebrating Easter with many friends and families joining us over the Easter period. The little ones from the local nursery joined us for a morning of Easter songs.

Denny and Richard joined us for two afternoons of live music. We also held our monthly church service, where we reflected on Easter on shared prayers together. St George's day was celebrated with a lively quiz and singalong. The sensory projector has been utilised throughout April in groups and in individual rooms and we've held Zoom call singalongs with other care homes across the country, which has been good fun joining in with them everyone.

Local Schools and Care Homes

We were delighted to be joined by our friends from Grasmere Nursing Home for a lively afternoon of Karaoke. We always look forward to catching up with our friends and enjoy afternoon tea and cakes together.

Brookways school continue to join us every Tuesday morning, now they return from their Easter break. We really look forward to their visit each week. They bring such energy and enthusiasm, and we thoroughly enjoy playing quizzes, hangman and singing with them all.

The students from Overton Grange join us every Wednesday and their fun and interest in the residents brings a very lively atmosphere to the home. We also have more work experience students joining us over the summer from Overton Grange.

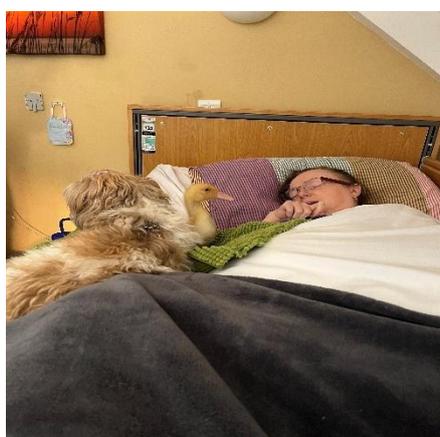
We've also started a new initiative and collaborated with Sutton Youth Justice Service. The young people make cakes and biscuits and bring them in for us to enjoy each week. They spend time with the residents whilst handing them out.



Karen's Pets and Ponies

What a memorable afternoon this was, and a sight to see..... Karen and her team joined us with baby lambs, baby chicks, rabbits, guinea pigs and hamsters. They spent time in the communal areas and individual rooms; where the residents had the opportunity to have lots of furry cuddles, learn all about the care and love the animals are given and interact with our furry friends. We even had the opportunity to feed 'Barbara' the baby lamb and Barbara our chef was delighted to meet her names sake!

This is always such a special visit; we were joined by so many families who wanted to share these moments together.



Easter

Easter is always a special time of year at Crossways where we celebrate together and focus our activities on encompassing our thoughts and cherished memories and spend time in group, one-one and held craft clubs. All of which encourage and can stimulate memory function. We had lots of fun, laughter, fun games and lively singalongs. Arts and crafts were focused on Easter paintings, making Easter cards and Easter bonnets and I'd like to say a special thank you Sarah-Jane, June's daughter. June sadly passed away in February and Sarah-Jane would like to continue her friendship with Crossways so kindly helped make the Easter bonnets with the residents. We held an Easter bonnet competition and Shirley kindly judged this for us; this was a difficult decision for her, but she crowned Pat as the overall winner, so Pat was treated to her first Easter egg

Our monthly church service was focused on the meaning of Easter, and we reflected with thoughts and prayers together.

Good Friday and Easter Sunday were celebrated with delicious lunches where we were joined by many families and friends and on Easter Sunday morning every resident was greeted by a visit from the Easter bunny handing out Easter Eggs.





Activities

We held a wide range of activities during April and were able to enjoy some sunny afternoons in the garden. We held arts and crafts sessions all Easter themed. Denny and Richard joined us separately for two lively afternoon singalongs.

The little ones from the local nursery joined us for a morning filled with nursery rhymes and songs, they also went round the communal rooms introducing themselves. The resident's face's light up when they see them and its heartwarming to see the smiles, laughter, interaction. We have also focused on one-one's and are encouraging residents with similar backgrounds and interests to spend time together in smaller groups. We played lots of games including the parachute, floor netball and board games aswell as regular exercise sessions.

St George's Day was commemorated with arts and crafts, a quiz and singalong. Thanks again to Sarah- Jane who has now offered to volunteer at Crossways.

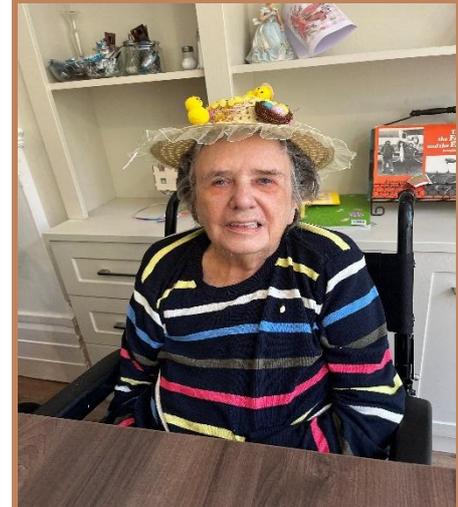
We also enjoy our weekly Zoom sing along with 'Forget me know Chorus' and are joined by lots of other care homes across the country where we enjoy a singing together.

As always, we are ensuring we spend time with those residents who are in their rooms, with personalised activities whether it be creative, reading or simply a good chat with a cup of tea. We are committed to delivering personalised care to our residents, ensuring they have fulfilling lives.

Crossways Companions

Lisa has arranged the next 'Crossways Companions' for Wednesday 14th May at 3pm.

Please let Lisa know either in person or email activities@crosswaysutton.co.uk if you can come along. Refreshments and Zara's cakes will be provided.



Birthdays in April

We celebrated Dorothy's (101st), David, Clara and Edith's Birthdays



Facebook , Website & Instagram

We're now on Instagram!! Please follow us on @crosswaysnursinghome to stay updated on all the wonderful activities, events heartwarming moments from our home. If you have Facebook please look us up: **CrosswaysSutton**, Lisa regularly posts updates on both platforms and it's a great way for the extended families to connect and keep updates

We have also updated our brochure. We have a website: **crosswayssutton.co.uk**. Which has recently been updated. We post photographs of what we are doing in the home and any upcoming events so you and your families can follow it. We do need consent to put photographs on these platforms, the forms are in the office. Please let Sarah or Alex know if you do not want your relative's photographs published at all and we can make sure that they do n

May dates for the diary

Church service 2pm- Wednesday 7th May

Thursday 8th May 2pm - VE Day Celebrations with Denny

Wednesday 14th May 3pm – Crossways Companions

Thursday 22nd 10:30am- Nursery School Visit

Tuesday 27th 2pm – Richard and his Accordion

**** Save The Date –
Crossways Summer BBQ -
Saturday 16th August – Surrey Jive
will be joining us at 12:30pm.**



Thank you for your continued support.

Sarah, Alex & Staff