

Crossways Newsletter

June 2026

June Highlights

Hello July, farewell to June, with all the flowers so beautiful in bloom. The ice creams on hot sunny days, so now we look forward to July in our beautiful garden at Crossways.

Dave and his accordion kicked off a fabulous June with a very lively afternoon of live music. Dave has so much energy and this is reflected in the singing and smiles from our residents. We then spent time in the garden holding quizzes and reminiscence get togethers. There were two church services held, and we continue with monthly Brain and Body exercises provided by an external provider; this has proved very popular with the residents.

Lisa invited relatives to join her for Crossways Companions, and she was delighted by the number of families who attended. Denny joined us for an afternoon of music, the weather was very pleasant, so we were able to sit in the garden and have a singalong together.

Due to the heatwave towards the end of June, we were unable to hold activities in the garden, so we moved these to the airconditioned lounges. We held arts and crafts, board games, quizzes, catch ball and movement to music. We also celebrated Father's Day with a lovely lunch and Zara made delicious, decorated cupcakes.

Local Schools, Care Homes, Community

The young people from the Youth Justice visit us every Thursday afternoon and kindly bring cakes they have made for us and artwork for us to display. This is a collaborated project to help our young people to give back to the local community. As the young people become more confident, they now join us in the lounge to have a chat with the residents and often stay and join in the Thursday afternoon quiz. We are hoping to see our friends from Grasmere Care Home in July, our June visit was cancelled due to the hot weather.

We also have the pleasure of work experience students joining us on Wednesday and Sundays and Lisa has arranged for students from Overton Grange and Sutton Grammar to join us during their summer holidays.

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Crossways Companions

Our Crossways Companions get together was a great success. Lisa was delighted by the number of families who attended; some of whom have sadly lost relatives and wanted to spend the afternoon with fellow families they had made friends with over the years. We enjoyed nibbles, cakes and refreshments together; it was such a lovely atmosphere in the dining room and so nice to see everyone engage and support one another.

Crossways Companions is a get together that Lisa set up a few years ago Unlike Relatives meetings which are focused on updates in the home and open to suggestions and general feedback. Companions is for the purpose of support and friendships amongst relatives and friends at Crossways.

Families can talk freely, sharing their loved one's stories and personal memories. We often sit together and find ourselves supporting one another and also laughing together appreciating the connection we all have.

The feedback from these get togethers has been extremely positive, many families have found a mutual connection with one another and friendships have been made.

Lisa is planning to arrange our next Crossways Companions in October; she'll send out the invitation over the summer.



July Dates for the diary

Wednesday 1st July 2pm –
Church Service

Tuesday 7th July 2pm –
Richards Musical Memories

Thursday 9th July 2pm – Brain
and Body Training

Wednesday 15th July – 2pm
Christ Church Service
Relatives Meeting – 2pm

Tuesday 21st July – Denny's
Afternoon Singalong

Monday 27th -30th July –
Minibus Trips

Hairdresser

I'd like to introduce you to Jo our regular hairdresser. Jo has been coming to Crossways every Wednesday for 22 years to cut and style our residents hair. Jo spends time with each resident, getting to know them and making their time in the hair salon a sociable experience; as well as having 'a good old natter'. Jo cuts women's and men's hair, she has so much experience with engaging with clients of all ages.

If you would like to arrange for your loved one to see Jo, please let the office know.



Activities

We held a variety of activities during June and were able to enjoy some sunny afternoons in the garden.....before the heat wave arrived! We held arts and crafts, focusing on Summer and holidays to the beach and reminiscence sessions. Our quizzes and bingo have become very popular, and we are often joined by families who enjoy participating in them with their loved ones.

Our brain and body exercises continue once a month, we encourage all residents to participate. Rudy our therapy dog and Liz his owner have made a welcome return and the residents look forward to seeing them each week for some furry cuddles and a chat with Liz.



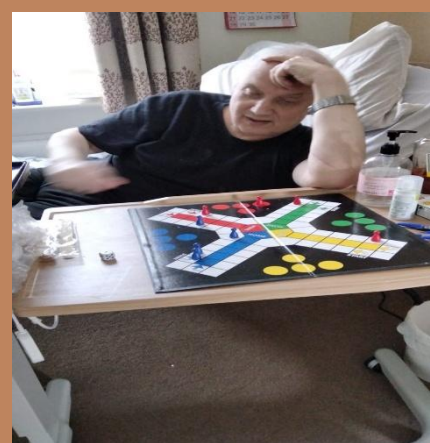
Denny and Dave joined us for two fabulous afternoons of live music, and we thoroughly enjoyed the little children from the local nursery school. They always bring such joy to the residents, seeing them dance and sing together and then walk around the room to greet them.

We celebrated Father's Day with a tasty lunch and Zara made delicious cupcakes. It was lovely to see families visiting their dads, handing out cards and gifts for them to enjoy.



We have also focused on one-one's with our new residents and those in their rooms. This is so valuable for us and the residents where we chat together and they can share their experiences, values & memories.

During the hot spell please be assured we are ensuring the residents are hydrated and when possible, join us in the lounges, which are air conditioned. As July arrives, we are looking forward to trips to the local park (weather permitting), welcoming new work experience students and holding activities in our beautiful garden.



Birthdays in June

We celebrated Pat N's Birthday



Facebook, Website & Instagram

Please follow us on Facebook to stay updated on all the wonderful activities, events heartwarming moments from our home. If you have Facebook, please look us up: **CrosswaysSutton** and Instagram @crosswaysnursinghome. Lisa regularly posts updates on both platforms and it's a great way for the extended families to connect and keep updated.

We have a website: crosswaysutton.co.uk. We post photographs of what we are doing in the home and any upcoming events so you and your families can follow it. We do need consent to put photographs on these platforms, the forms are in the office. Please let Sarah or Alex know if you do not want your relative's photographs published.

Thank you for your continued support.

Sarah, Alex & Staff

Relatives Meeting

Please join us on Wednesday 15th July at 2pm for our Relatives meeting.

Refreshments will be provided. Sarah and Alex will provide updates on Crossways.

Summer Date for the Diary

Crossways Summer BBQ:

Saturday August 15th from 12pm – Surrey Jive will be joining us at 12:30pm

