

Crossways Newsletter

July 2026

July Highlights

July has been full sunshine, smiles, sporting events and warm summer days at Crossways.

It kicked off with Richard singing and playing his guitar, surprising us with playing his ukulele too, it was a wonderful musical afternoon of live music. Denny also sang to us in the garden. The garden room has been decorated to reflect a beach scene, and we've enjoyed spending time in there listening to the sound of the waves, reminiscing about holidays by the seaside. We've spent time in the garden holding quizzes and reminiscence sessions get together. The World Cup football and Wimbledon Tennis were thoroughly enjoyed by us all. We held arts and crafts, board games, quizzes, catch ball and movement to music.

The Relatives meeting was a lovely afternoon; Sarah gave updates on Crossways and Lisa on Activities. It was so nice to be joined by so many relatives and friends; where we all enjoyed time together chatting and having refreshments in the shadier side garden.

The residents went on three minibus trips; all were interesting and enjoyable trips out.

We also said a fond farewell to Barbara the nurse, she has worked at Crossways for 6 years and is going home to Poland to spend time with her family. Replacing her is Yen who has worked here for many years and has now become permanent.

Local Schools, Care Homes, Community

We are looking forward to visiting our friends at Grasmere Nursing Home on 11th August, we always enjoy seeing them and having a good old singalong together. The young people for The Youth Justice continue to join us every Thursday and kindly bring us artwork and cakes they have made.

The little ones from the local nursery school joined us for songs and stories. The response and engagement from the residents is so special and heartwarming to see. Intergenerational activities like this are so important to us at Crossways. So, I asked Jennie who owns the nursery to write why she chose Crossways to bring the little ones too:

We are a family run childminding team which has been running for nearly 2 decades. When our children were younger, we used to like visiting my husband's Nan, Winnie. We would play games in Crossways. After she passed away, we started bringing our minded little ones to sing with the residents. It is fantastic for the children as they grow in confidence and make contact with people from different generations. It is wonderful when you see the residents and children interacting and both glowing.



Minibus Trips

The residents enjoyed three minibus trips towards the end of July. We visited Your Space in Sutton, Horton Chapel in Epsom and Oaks Park in Banstead. All three trips were very interesting and enlightening for our residents. We were able to share this time together discussing our visit and learning about the local area and history of each venue.

We always find the days out is so beneficial for everyone, seeing new sights, sounds, and environments which spark joy and conversation.



Relatives Meeting

The Relatives meeting was an enjoyable afternoon where we were joined by many relatives and friends. This meeting is an opportunity for Sarah to give updates on Crossways on a variety of subjects from staff, renovations to menus. Lisa also spoke about planned activities including our summer picnic in Overton Park on 12/08 and reminded everyone about the summer BBQ ; which is always a fabulous afternoon. Sarah then opened the meeting for questions and any feedback. We spent time chatting amongst one another, while enjoying some refreshments and of course Zara's delicious cupcakes.



August Dates for the diary

Tuesday 4th August 2pm –
Dave and His Accordion

Wednesday 5th August 2pm –
Church Service

Thursday 6th August 2pm –
Brain and Body Exercises

Tuesday 11th August 2pm –
Visit to see our friends at
Grasmere Nursing Home

Wednesday 12th August
10:30am – Crossways Picnic in
Overton Park

Saturday 15th August –
Crossways Summer BBQ

Tuesday 25th August 2pm-
Denny's Musical Memories

Activities

We held a variety of activities during July and were able to enjoy some sunny afternoons in the garden. The football World Cup and Wimbledon Tennis kept us occupied; where we held quizzes and group discussions, reminiscing together. It's moments like these that bring smiles, spark conversations where we celebrate sport together. We held arts and crafts, focusing on Summer and holidays to the beach and reminiscence sessions. Our quizzes and bingo have become very popular, and we are often joined by families who enjoy participating in them with their loved ones. Wednesdays is also a pampering day where the residents have their hair done and enjoy a having their nails manicured.

Our brain and body exercises continue once a month, we encourage all residents to participate. Rudy our therapy dog and Liz his owner has continued their weekly visits. There was also two church services held, where we appreciated some time reflecting together.

Richard and Denny joined us for two fabulous afternoons of live music, and we thoroughly enjoyed the little children from the local nursery school. They always bring such joy to the residents, seeing them dance and sing together and then walk around the room to greet them. We have also focused on one-one's with our new residents and those in their rooms. This is so valuable for us and the residents where we chat together and they can share their experiences, values & memories. During the hot spell please be assured we ensure the residents are hydrated and when possible, join us in the lounges, which are air conditioned.

As August arrives, we are looking forward to our Picnic in the Park and our Annual Summer BBQ.

Birthdays in July

We celebrated Doug and Gill's Birthdays



Facebook, Website & Instagram

Please follow us on Facebook and Instagram to stay updated on all the wonderful activities, events heartwarming moments from our home. If you have Facebook, please look us up: **CrosswaysSutton** and Instagram @crosswaysnursinghome. Lisa regularly posts updates on both platforms and it's a great way for the extended families to connect and keep updated.

We have a website: **crosswayssutton.co.uk..** We post photographs of what we are doing in the home and any upcoming events so you and your families can follow it. We do need consent to put photographs on these platforms, the forms are in the office. Please let Sarah or Alex know if you do not want your relative's photographs published.

Thank you for your continued support.

Sarah, Alex & Staff



Crossways Summer Picnic in Overton Park

You are all welcome to join us
on Wednesday 12th August
from 10:30am

We endeavour to take every
resident to the park and
would love for any families /
friends to join us for fun and
games in the park!

Don't Forget...

Crossways Summer BBQ:

Saturday August 15th
from 12pm – Surrey Jive
will be joining us at
12:30pm followed by a
delicious BBQ

