

Crossways Newsletter

August 2026

August Highlights

August has been a fabulous month at Crossways, and our summer BBQ stood out as the main highlight. It was a fabulous day, made even better by all the families and friends who joined us.

We also enjoyed a varied schedule of activities from Dave and his accordion entertaining us and Denny playing his guitar to Bingo and one-one's. We've also spent time in the garden holding quizzes and reminiscence sessions get together. And enjoyed a delicious cheese and wine afternoon.

We visited our friends at Grasmere nursing home and the little ones from the local nursery joined us for songs and stories. We also had two church services and Rudy our Therapy dog has enjoyed meeting some of our new residents as well as visiting his resident friends.

Local Schools, Care Homes, Community

The young people for The Youth Justice continue to join us every Thursday and kindly bring us artwork and cakes they have made. Their confidence has grown since they first visited us so now, they often stay and join in with our Thursday quiz.

The little ones from the local nursery school joined us for songs and stories.

We enjoyed a walk to see our friends at Grasmere Care Home. Anthony their activity co-ordinator held a lively singalong followed by a nice cup of tea and some delicious cakes. We always appreciate visiting neighbouring care homes, connecting together and creating new friendships.

Dementia Bus

The Dementia bus, known officially as the Virtual Dementia Tour came to Crossways for a day's training for staff and families. It is a mobile, immersive training vehicle designed to simulate the physical and mental challenges of living with dementia. It was an invaluable opportunity to strengthen empathy, enhance practice, and improve the quality of dementia care for us all.



Our Summer BBQ

What a fantastic time we had at our Summer BBQ! A huge thank you to Alex, Zara and all the kitchen staff, who put on a delicious barbecue that went down a treat with residents, families and our team.

Surrey Jive kicked off a fabulous afternoon of music and dancing, and we were delighted to be joined by so many families and friends who shared in this wonderful occasion with us. It was heartening to be joined by past families who continue to support Crossways and have formed close friendships with fellow family members and residents.

Our summer BBQ is always so special, and we really appreciated sharing the day with you all. It was wonderful to see residents and loved ones relaxing together, hearing the laughter and great conversations filling the air all afternoon.



Activities

We held a variety of activities during August and were able to enjoy some sunny afternoons in the garden. Unfortunately, our summer picnic to Overton Park had to be cancelled to the hot weather. So, we improvised and held a morning of music and a fun quiz instead. Our brain and body exercises continue once a month, we encourage all residents to participate. Rudy our therapy dog and Liz his owner has continued their weekly visits. There was also two church services held, where we appreciated this time reflecting together. Dave and Denny joined us for two fabulous afternoons of live music, and we thoroughly enjoyed seeing the little children from the local nursery school. They always bring such joy to the residents, seeing them dance and sing together and then walk around the room to greet them. We also enjoyed a cheese and wine afternoon together. Our weekly bingo, quizzes, movement to music and sensory have continued throughout August. As September arrives Lisa is busy putting the Christmas schedule together, so please stay tuned for key dates that you may like to join your loved one for over the Christmas period, these are also displayed on the new notice boards outside the office.

Birthdays in August

We celebrated Wendy's Birthday



Facebook, Website & Instagram

Please follow us on Facebook and Instagram to stay updated on all the wonderful activities, events heartwarming moments from our home. If you have Facebook, please look us up: **CrosswaysSutton** and Instagram @crosswaysnursinghome. Lisa regularly posts updates on both platforms and it's a great way for the extended families to connect and keep updated.

We have a website: **crosswayssutton.co.uk..** We post photographs of what we are doing in the home and any upcoming events so you and your families can follow it. We do need consent to put photographs on these platforms, the forms are in the office. Please let Sarah or Alex know if you do not want your relative's photographs published.



September Dates for the diary

Wednesday 2nd - 2pm –
Church Service

Thursday 3rd - 2pm – Brain
and Body Exercises

Tuesday 8th - 2pm – Richards
Musical Memories

Tuesday 22nd – 2pm – Denny's
Singalong

Thank you for your continued
support.

Sarah, Alex & Staff